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| Monday      | Objective: Students will gain the knowledge of Badminton skills through cooperative learning and team work. | 1. Roll call  
2. Hand out Rules  
3. Badminton Drills  
4. gym procedures | Course Syllabus, Roll sheet | No homework                                      |
|             |                                                                           |                                                                           |                 |                                                  |
| Tuesday     | Objective: Students will demonstrate the knowledge gained in yesterday’s class and acquire the basic rules associated with Badminton. | 1. Roll call  
2. Review gym procedures & rules  
3. Purchase uniform  
4. Badminton Game | uniforms        | Students will need $20 to purchase uniform, also bring a combination lock to secure all personal belongings. |
| Wednesday/Thursday | Objective: Students will begin to see the benefits of circuit training. | 1. Roll call  
2. Review gym procedures & rules  
3. Purchase uniform  
4. Issue Lockers  
5. Circuit Workout  
6. Sell uniforms | Roll Sheet, fitness equipment, lab books, uniforms | Students will need $20 to purchase uniform (if prior action has not occurred) |
| Friday      | Objective: Students will gain the knowledge of Badminton skills through cooperative learning and team work. | 1. Roll call  
2. Review gym procedures & rules  
3. Purchase uniform  
4. Badminton Game  
5. Sell uniforms | roll sheet, uniforms | Students will need $20 to purchase uniform (if prior action has not occurred) |