<table>
<thead>
<tr>
<th>Day</th>
<th>Co-teacher: Guy/Williams/Gilbeaux</th>
<th>Location: Aux Gym</th>
<th>TEKS:</th>
<th>Objective:</th>
<th>Activities:</th>
<th>Materials:</th>
<th>Follow Up/HW:</th>
</tr>
</thead>
</table>
| **Monday**        |                                   |                   | 2.04  | Students will gain the knowledge necessary to apply safety procedures in the gym. | 1. Roll call  
                      |                                   |                   |       |            | 2. Hand out syllabus  
                      |                                   |                   |       |            | 3. discuss course objectives  
                      |                                   |                   |       |            | 4. gym procedures  
                      |                                   |                   |       |            | | Course Syllabus, Roll sheet | | No homework |
| **Tuesday**       |                                   |                   | 2.04  | Students will demonstrate the knowledge gained in yesterday’s class and acquire the basic rules associated with weight room safety. | 1. Roll call  
                      |                                   |                   |       |            | 2. Review gym procedures & rules  
                      |                                   |                   |       |            | 3. Purchase uniform  
                      |                                   |                   |       |            | 4. Assign Squads  
                      |                                   |                   |       |            | | uniforms | | Students will need $20 to purchase uniform, also bring a combination lock to secure all personal belongings. |
| **Wednesday/Thursday** |                                   |                   | 2.04  1.02 | Students will gain necessary tool needed in class. | 1. Roll call  
                      |                                   |                   |       |            | 2. Review gym procedures & rules  
                      |                                   |                   |       |            | 3. Purchase uniform  
                      |                                   |                   |       |            | 4. Issue Lockers  
                      |                                   |                   |       |            | 5. Begin fitness testing  
                      |                                   |                   |       |            | 6. Sell uniforms  
                      |                                   |                   |       |            | | Roll Sheet, fitness equipment, lab books, uniforms | | Students will need $20 to purchase uniform (if prior action has not occurred) |
| **Friday**        |                                   |                   | 2.04  1.02 | Students will analyze fitness techniques and compare individual fitness results for decision-making and problem-solving. | 1. Roll call  
                      |                                   |                   |       |            | 2. Review gym procedures & rules  
                      |                                   |                   |       |            | 3. Purchase uniform  
                      |                                   |                   |       |            | 4. Assign Squads  
                      |                                   |                   |       |            | 5. Sell uniforms  
                      |                                   |                   |       |            | | roll sheet, uniforms | | Students will need $20 to purchase uniform (if prior action has not occurred) |